

HUMANITY & AI EXECUTIVE RETREAT

Reinvent yourself. Build the future. Create a life and business you love.

31.10 – 01.11. 2026

The people who learn to combine human creativity, emotional intelligence and purpose with Artificial Intelligence will become the entrepreneurs, leaders and innovators of tomorrow.

This exclusive executive retreat has been designed to help you become one of them.

Over two transformational days, inside a breathtaking 900-year-old Swiss monastery, you will first get radically clear on who you are, what you want, and where you are headed. You then turn this clarity into a practical, personalised AI toolkit that saves you hours every week. Vision without acceleration stalls. Acceleration without vision just gets you lost faster.

**It's the only retreat that bridges the outer
frontier of technology with the inner
foundation of self-leadership**

WHO IS THIS RETREAT FOR?

- This retreat is designed for people who know they are capable of more
- Business professionals
- Executives preparing for the future
- Entrepreneurs
- Consultants
- Coaches
- Business owners
- Professionals starting a new business
- Anyone wanting to stay ahead in the AI revolution

BY THE END YOU WILL...

- Gain clarity about your future direction
- Discover new business opportunities
- Learn to use AI confidently and ethically
- Build your own personalised AI toolkit
- Save countless hours every week using AI
- Meet inspiring future collaborators
- Develop your 90-day action plan
- Return home energised, inspired and equipped for the future

Your Two-Day Journey

SATURDAY

08:30 Arrival & Connection

- Healthy breakfast
- Meet fellow participants & purposeful introductions

10:00 Executive Life Coaching – Finding Your North Star

- Discover your true inner values
- Reconnect with your real purpose
- Clarify your long-term vision and 90-day action plan
- Identify and dissolve unconscious patterns holding you back

12:00 Lunch & Network

13:30 AI & The Future

- Understanding the AI revolution
- The future economy – how AI will reshape work
- Business opportunities & risks
- Ethics, privacy & responsible AI

18:30 Evening

- 3-course gourmet dinner and strategic networking
- Guided breathwork, sound healing and deep meditation
- Reflection



SUNDAY

07:00 Morning

- Morning Nordic walk, forest bathing & ice bath (optional)
- Healthy breakfast

09:00 Designing Your Future

- Create your personal roadmap
- Business strategy, Values & Manifesto
- 90-day action plan

12:00 Lunch & Network

13:30 AI Masterclass

- The essential AI toolkit
- Prompt engineering
- Automation, Marketing & Business development
- Content creation & Productivity
- How to save hours every week
- Practical exercises & top tips by independent AI experts

17:00 Closing circle & Community

You will leave grounded in your purpose, equipped with AI skills to accelerate it, and holding a concrete roadmap to build the life and business you want.

PURPOSE	KNOWLEDGE	CONNECTION	TRANSFORMATION
Reconnect with your why	Master AI & future skills	Build meaningful relationships	Create the life & business you love

What's Included

✓ Two full days of executive coaching

✓ Complete AI Masterclass

✓ Personal development sessions

✓ One overnight stay at the Monastery

✓ Guided meditation, breathwork and sound healing (optional)

✓ Forest bathing, ice bathing (optional)

✓ 2 x Healthy breakfasts

✓ 2 x Seasonal lunches

✓ 1 x three-course gourmet dinner

✓ Refreshments throughout

✓ Coffee & homemade cakes

✓ Beautiful curated welcome gifts

✓ Exclusive community access to our private business network



Pricing & Offers

Executive Retreat Experience

CHF 2,240

All inclusive.
Limited to 25
participants.

Special Offer

First five participants

CHF 1,940

For reservations
before 6th September
2026

Hosted & presented by

Natascha Lander

Former UBS executive, entrepreneur, AI strategist and executive educator with over 25 years of international business experience. She helps leaders, entrepreneurs and organisations harness the power of Artificial Intelligence to build future-ready businesses, create new opportunities and thrive in the rapidly evolving AI economy.
believe.ag



Edith Aldewereld

International executive coach, transformational leadership expert and former private banking executive with over 25 years of experience guiding professionals, entrepreneurs and leaders through personal transformation, purposeful leadership and conscious wealth creation.
ea-coaching.com



Believe.

EA COACHING

The future belongs to those who are willing to learn, adapt and act.