

# Main Character Energy

A QUICK GUIDE  
TO OUR EVENT

SAT, 7 MARCH | 9 AM - 1 PM



## Sponsors



**SENSORIAL  
THERAPY**

WELLNESS ON THE GO

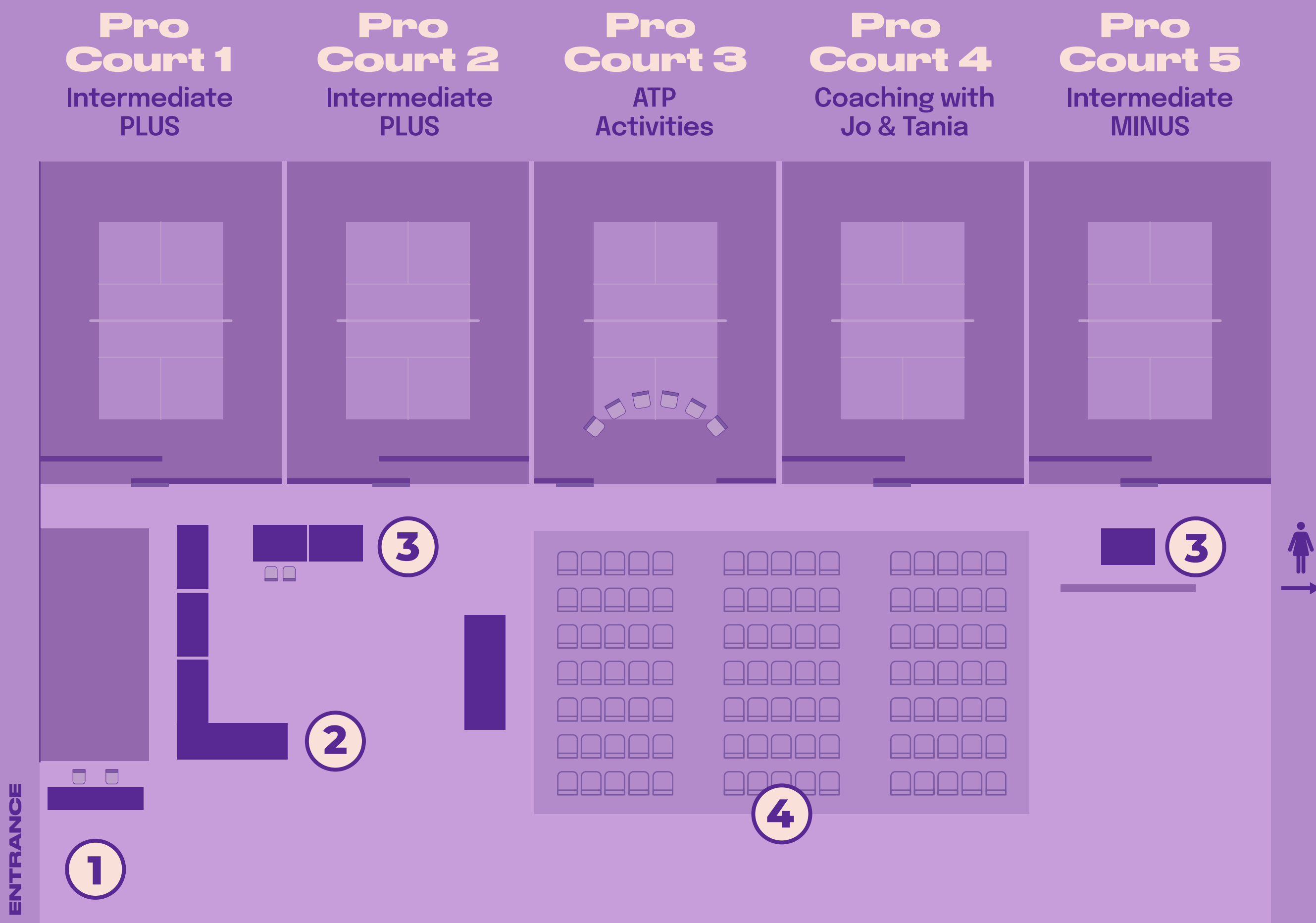
*Picklé*

GATSBY

Bifesta

*Moist,*  
**Diâne**

# Event Layout



- 1 Registration opens at 8.30am**  
You need to have subscribed to our newsletter, ATP, and show us the verification email for your goodie bag
- 2 Booths:**
  - Pickle Joy Club
  - Pimp your Paddle
  - Bites & Bevs (food service starts at 9.30am)
- 3 Score Marshall/Paddle Queue**
  - 4 in, 4 out (winners split)
  - Record your names/score for a nice surprise
- 4 Free seating** (gallery seats available in front of Pro Courts 3&4)

# Social Play

## Court 1 & 2

### Intermediate PLUS

#### Games start:

9am – 10.30am | 11.30am – 1pm

Not suitable for Beginners & Advanced Beginners

## Court 5

### Intermediate MINUS

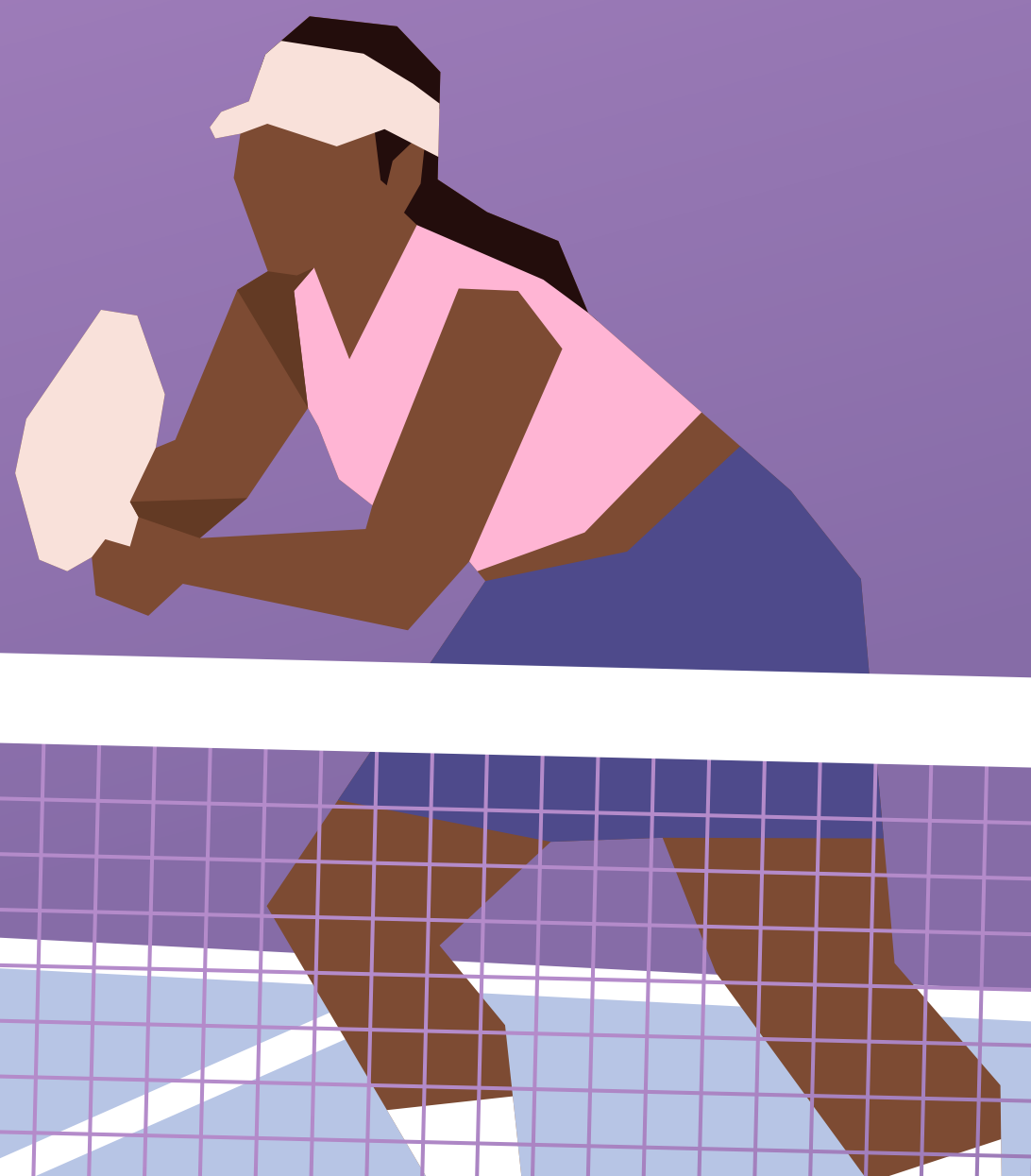
#### Games start:

9am – 10.30am | 11.30am – 1pm

For Beginners & Advanced Beginners

## Notes

- Paddle Queue | 4 in, 4 out (winners split)
- Play to 15 (no deuce)
- Report your names/score to the Marshall
- Play to your ability and enjoy; self-awareness is a slay!



# Coaching with Jo & Tania



**Coach Jo**



**Tania**

## Perfect;

- if you are looking to learn the basics
- if you want to improve on fundamentals
- if you want to learn a trick or two

**Session 1** 9.15am – 10.15am

**Session 2** 11.30am – 12.30pm

The response has been overwhelming.  
Both sessions are filling up fast.

## Email us at

[contact@aroundthepostasia.com](mailto:contact@aroundthepostasia.com) to secure your slot OR inform our Registration counter on Sat and we'll do our best to accommodate.  
*No promises though* 🤞

# Main CharactHER Energy Panel Discussion



**Gina**  
Co-Founder of PickleGo



**Charlotte**  
Co-Founder of PickleGo



**Aileen**  
Ladyboss of Pickle Joy



**Elaine Yong**  
Former World Pickleball Champ



**Lee Peilin**  
Life Coach



**Crispina Robert**  
Award-winning podcast host

**Pro Court 3** 10.30 - 11.15am

All social games/activities will stop for the Panel discussion at 10.30am. Come listen to what these inspiring women have to say and share.

Call it Sisterhood, call it a break to snack on some food. It's nourishment one way or another. 💜

# VIP Match

Catch 4 of Singapore top women Pickleball players in action including SG's #1 ranked women's team and SG's #1 ranked women DUPR player in a 21-point match on Pro Court 3.



**Zermaine Lew**



**Foo Pin**



**Callista Chen**



**Amanda Teo**

# Novelty Game

Pickleball is easy to pick up, hard to master. Novelty Pickleball is fun to play, hard to win at.



# EVENT DAY CHECKLIST

- Have you got your goodie bag?
- Have you got a bite to eat?
- Have you played some social games?
- Have you tried the Novelty games?
- Have you had your photos taken?  
(get featured in our March/  
Main CharactHER Energy issue)

## In the meantime;

- Subscribe to our newsletter, ATP

[Subscribe](#)

[Read](#)

- Get your paddles and fit (purple or pink) ready Friday night
- Set your alarm for FUN!

**See you there!**