



Threads of Color:

Where flowing watercolor meets
gentle spiral, slow-stitching

SATURDAY, MARCH 14
10:30AM - 2:30PM MST

CALLING ALL CREATIVE WOMEN CRAVING A SOULFUL PAUSE

If your days feel full...

If your mind feels busy...

If your creativity has been whispering "don't forget me"...

This day is for you.

Step away from the noise of daily life and into a space of creative nourishment, soulful connection, and gentle joy - all from the comfort of your own home.



T H E E X P E R I E N C E

Threads of Color is a live, virtual half-day creative retreat devoted to guiding you through watercolor on fabric and slow stitching in a warm, welcoming space of soulful connection and creative nourishment.

T H E P R O M I S E O F T H E D A Y

In our time together, we will create, explore, and slow down enough to hear ourselves again.

This retreat experience is designed to help you:

- Reconnect with your creative spirit
- Experience the calm that comes from working with your hands
- Cultivate connection with other creative kindreds
- Leave feeling nourished, inspired, and gently renewed

You don't have to travel far to feel restored. Sometimes showing up for yourself at your own kitchen table can be just as powerful.

OUR CREATIVE JOURNEY



WATERCOLOR ON FABRIC

Christine, our Watercolor Coach, will gently lead us in exploring color, flow, and intuitive expression on cloth.

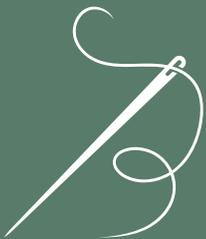


SLOW-STITCH

Kathy will guide you in adding simple hand stitching - turning your piece into a layered, personal work of art filled with texture and meaning.

No experience needed.

You'll be encouraged to work at your own pace in a relaxed, supportive atmosphere.



A simple supply list & a Zoom link will be provided after registration.



MORE THAN ART – THIS IS A RETREAT

This gathering is woven with intention from beginning to end.

- Opening & closing rituals to help you arrive and integrate
- Story Bowl connection time for heartfelt, low-pressure conversation
- A warm, welcoming virtual space where you can simply be

We're not just making art. We're cultivating connection – with ourselves, with creativity, and with each other.

kind words
**FROM WOMEN WHO'VE
JOINED US BEFORE**



Chris was a life-altering teacher for me. I took quite a few classes from her Skillshare portfolio, constantly gaining confidence and skills. Her relaxed, demystifying approach made me feel I could become an artist myself. She was an inspiration for me when publishing my first class.

Elisabetta Furcht



Chris makes it so easy to learn. Watercolors are like second nature to her, and she has a way of simplifying so many processes. Plus, she is so kind and patient. I highly recommend her classes!

Fanny HH



Kathy has a unique talent for creating intimate and meaningful experiences that appeal to the senses and allow participants to truly unwind and savour. With an incredible attention to detail and constant pursuit of joy, she pours her heart and being into creating one-of-a-kind experiences guaranteed to leave a lasting memory.

Megan, Threadspells



Kathy creates such soulful experiences. Her warm, inviting way made me feel immediately relaxed – I knew I was in a safe space. She sets the tone for a very cozy, relaxing, and mindful get together – she has a gift for creativity and bringing people together.

**Caroline, Art & Creativity Coach,
Collaborator & Workshop
Participant**

MEET YOUR GUIDES



CHRISTINE
VABRE

Hi, I'm Chris,
I'm an artist, designer,
watercolor coach, and desert
dweller living in the Mojave. I
help watercolor students who
don't think they're very good
become confident painters. I
believe your uniqueness is
your superpower!

I believe deeply in the quiet
power of gathering women
around a creative table - even a
virtual one.

For years, I've been creating
spaces where women can slow
down, make with their hands,
and feel deeply at home in
themselves. Slow stitching is one
of my favorite ways to access
calm, creativity, and reflection,
and I love guiding beginners into
this gentle, meditative practice. ~
Kathy



KATHY
BARLOW

TOGETHER, WE HOLD SPACE FOR CREATIVITY THAT IS
HEARTFELT, UNHURRIED, AND JOY-FILLED.

THIS IS FOR YOU IF...

- You've been craving time for creativity and haven't made it happen
- You love the idea of making something by hand, even if you think you're "not artistic"
- You feel stretched by daily life and long for a meaningful pause
- You want soulful connection without small talk pressure
- You're ready for a beautiful act of self-care - without leaving home

No experience needed. Just come as you are.

WHAT WE'LL EXPLORE & CREATE

- Watercolor on fabric in a relaxed, supportive way
- Simple, beautiful slow-stitching techniques
- A layered textile piece that reflects your personal expression
- Gentle Story Bowl connection
- Meaningful opening and closing rituals

HOW YOU'LL FEEL WHEN YOU LEAVE

You'll leave with:

- A finished stitched textile piece
- A full creative heart
- The calm that comes from making with your hands
- The nourishment of time spent with kindred women

Refreshed. Inspired. Gently reconnected to yourself.



YOUR INVITATION

If your spirit lit up even a little while reading this...
that's your invitation.

It's time to give yourself a few hours of creative joy.
It's time to sit at your table with kindred spirits on
the screen.

It's time to create something with your hands and
reconnect with who you are.

Join us from home.
Your seat at the (virtual) table is waiting.



THE DETAILS

INVESTMENT: \$37 CAD

For U.S. guests, this is roughly \$27 USD depending on the exchange rate at the time of purchase.

Date: **Saturday, March 14, 2026**

Time: **10:30am - 2:30pm MST**

Location: **Live on Zoom**

Recording: Yes

Supplies: List sent after registration

Skill Level: Beginner-friendly

[CLICK HERE TO REGISTER](#)

GET IN TOUCH

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