

Munich Tech Sauna Hike 2026

[#community](#)[#event](#)[#meetup](#)[#munich-tech-sauna](#)[#sauna](#)[#techsauna](#)

[Lenggrieser Hütte](#) | [DAV Info](#)

Join us for a delightful summer adventure: The Munich Tech Sauna Hike 2026!

Experience a perfect blend of hiking, relaxation, and social connection in the beautiful Bavarian Alps. Our journey begins on Friday afternoon, July 31st, as we gather at Lenggries train station. Together, we'll embark on a scenic three-hour hike through well-maintained mountain paths to reach our overnight destination, the charming Lenggrieser Hütte, nestled in the mountains with breathtaking views of the surrounding landscape.

After a cozy evening and overnight stay in the mountain hut, we'll start our Saturday with a refreshing descent towards Bad Wiessee, taking breaks along the way as we need them. The day continues with a picturesque boat ride across Lake Tegernsee, offering stunning views of the Alpine panorama. To crown this wonderful experience, you can choose to join us at the Monte Mare Tegernsee for a relaxing sauna session, or head directly back to Munich by train if you prefer.

This medium-difficulty hike is perfect for anyone with good fitness levels who enjoys combining outdoor activities with social gatherings. While the paths are well-maintained, sure-footedness is required. The overnight stay at the mountain hut adds an authentic alpine experience to our adventure.

Don't miss this opportunity to escape the city, connect with like-minded people, and immerse yourself in the beauty of the Bavarian Alps. Whether you're an experienced hiker or just looking for a memorable weekend getaway, this hike offers something for everyone. Remember to book your spot at the hut early to secure your place on this unforgettable adventure!

[Online Booking \(Self-Service\)](#)

1 Night from 31.07.2026 to 01.08.2026

Group: Munich Tech Sauna | This might group us in a room together.

Important Info

- **Medium-difficulty hike.** A good basic fitness level is required. The paths are mostly well-maintained and easy to walk on. Sure-footedness is necessary.
- Dogs need to be checked with hut owners! Add the question to the freetext box and ALSO call them or send them an eMail, too! It does not seem impossible to take a dog with you but you need to take care of the proper reservation/booking, there is a cleaning fee.
- Please add a note to your hut reservation that you might arrive after 1800 to keep your reservation.
- Bring your DAV Membership card to pay 12 EUR per night
- Bring your Huettenschlafsack & clean indoor shoes for the evening
- You are responsible to reserve your spot yourself. If you need to cancel, follow the instructions in the reservation mail. There will be an extra late cancellation fee if you cancel too late.

Improvements from 2025

- Lenggrieser Huette is a pretty nice hut - group rooms, but probably better maintained according to several friends. Self-Registration
- DAV members pay just 12 EUR for the night, food & drinks paid extra.
- Hiking paths likely clearly marked - there are some steep sections but medium difficulty level
- Arrival & departure by train from Munich main station - inclusive and easy to meet with the others. The adventure starts with the train ride...
- Second day is a another hike, longer but mostly downhill and with a stop at the Aueralm for a snack or lunch. The boat-trip promises to be another short highlight that connects us to Tegernsee, where some of us can optionally visit the sauna (as it's a Munich Tech SAUNA hike)

Day 1 - 31.07.2026 - Friday Afternoon - Lenggries to Lenggrieser Huette

- For those arriving by train - leave from Munich HBF ~1300 - Details will be updated once we are in 2026
- We meet at the train station Lenggries at ~1430 to kick off our hike to Lenggrieser Huette. About 3h of hiking, it's getting quite steep towards the end.
- The kitchen closes at 1900 - we try to arrive at 1800 for dinner.

Day 2 - 01.08.2026 - Saturday - Lenggrieser Huette to Bad Wiessee

- We start descending to Bad Wiessee and take breaks along the way (bring some snacks!). But first we will climb up to the Seekarkreuz Summit and then descend over the next 12 km. Once we arrive at Bad Wiessee, we take one of the boats from [Tegernsee Schifffahrt](#) to Tegernsee.
- There, you can choose to join us for the epic [Monte Mare Tegernsee](#) or take the next BRB train home to Munich directly.